

Identifying and establishing company values is critical to organizational health and focus. Determining individual values is a key component of self-discovery as you seek to design a career in alignment with your skill set in support of the business's needs. Your selections are also valuable in the process of creating your own personal mission statement. Supervisors may want to use this tool as a proactive approach during orientation to get to know their respective team members better. This exercise will also provide supervisors important information that can be utilized for resolving conflict within the team, as discussed in the article, "[How to Resolve a Conflict Before It Manifests Itself](#)" by Brock Culpepper, Mi Director of Learning & Development, on the Plant Engineering website.

Choose from the list the top **5** values that are most important to you.  
There is no right or wrong answer.

Ability	Customer Focus	Healthy Lifestyle	Power
Accomplishment	Debate	Honesty	Pressure
Accountability	Decency	Humor	Professionalism
Adaptability	Decisiveness	Improvement	Purpose
Approachability	Dedication	Ingenuity	Quality
Approval	Dependability	Innovation	Quiet
Art	Determination	Inspiration	Recognition
Authority	Direction	Integrity	Religion
Autonomy	Diversity/Inclusion	Kindness	Rest
Balance	Effectiveness	Knowledge	Reward
Beauty	Efficiency	Learning	Risk
Candor	Entertainment	Legacy	Security
Challenge	Entrepreneurship	Loyalty	Serving
Change	Experience	Meaningful Work	Social Life
Community	Experiences	Mental Toughness	Stability
Competency	Fairness	Money	Sincerity
Competition	Faith	Mentoring/Coaching	Success
Conformity	Fame	Openness	Teamwork
Control	Family	Opportunity	Truth
Consistency	Firmness	Others	Wealth
Cooperation	Flexibility	Peace	Wisdom
Correctness	Freedom	Perfection	Winning
Craftiness	Friendships	Popularity	Other: _____
Creativity	Fun	Poise	Other: _____
Culture	Giving	Position	Other: _____

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*Congratulations for completing this important exercise! Feel free to download the completed survey to keep, and to share with your supervisor, if it is part of a team project. Mi Learning & Development would like to know if you found this exercise beneficial. You can email us at [Training.Planner@Motion.com](mailto:Training.Planner@Motion.com).*